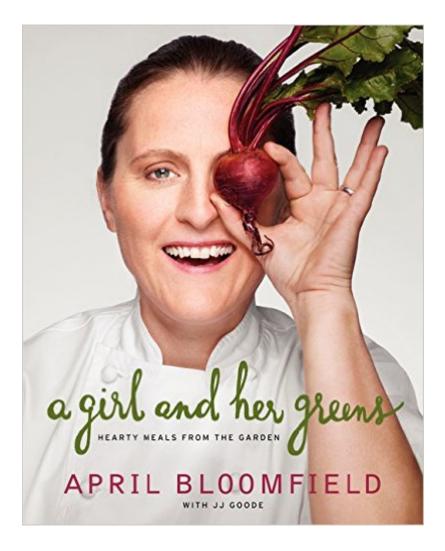
The book was found

A Girl And Her Greens: Hearty Meals From The Garden





Synopsis

From the chef, restaurant owner, and author of the critically lauded A Girl and Her Pig comes a beautiful, full-color cookbook that offers tantalizing seasonal recipes for a wide variety of vegetables, from summer standbys such as zucchini to earthy novelties like sunchokes. A Girl and Her Greens reflects the lighter side of the renowned chef whose name is nearly synonymous with nose-to-tail eating. In recipes such as Pot-Roasted Romanesco Broccoli, Onions with Sage Pesto, and Carrots with Spices, Yogurt, and Orange Blossom Water, April Bloomfield demonstrates the basic principle of her method: that unforgettable food comes out of simple, honest ingredients, an attention to detail, and a love for the sensual pleasures of cooking and eating. Written in her appealing, down-to-earth style, A Girl and Her Greens features beautiful color photography, lively illustrations, and insightful sidebars and tips on her techniques, as well as charming narratives that reveal her sources of inspiration.

Book Information

Hardcover: 272 pages Publisher: Ecco (April 21, 2015) Language: English ISBN-10: 006222588X ISBN-13: 978-0062225887 Product Dimensions: 7.5 x 1 x 9.2 inches Shipping Weight: 2 pounds (View shipping rates and policies) Average Customer Review: 4.2 out of 5 stars Â See all reviews (34 customer reviews) Best Sellers Rank: #81,843 in Books (See Top 100 in Books) #103 in Books > Cookbooks, Food & Wine > Entertaining & Holidays > Seasonal #112 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Vegetables #139 in Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian

Customer Reviews

We were so excited to hear that April Bloomfield has just released a new cookbook. We've discovered her energetic personality on PBS Mind of a Chef, so couldn't wait to see her new book where veggies in all their shapes are the star. And these recipes couldn't be further from boring salads and over-boiled veggies!The book is certainly pretty! Lots of cute drawings and sublime photos perfectly highlight the nature of her food: bold, colourful, vibrant! Subtle, inspiring, and daring pairings are commonplace, such as mixing raw and char-grilled fennel in the same dish to add

depth, or variations of polenta that sound (and taste!) outrageously good. We particularly loved her ability to describe how she thinks in layers of goodness and flavours, where every ingredient has a well-defined role to play. It's obvious that this isn't a "let's publish something quickly"-type of book. Every recipe has clearly been tested and refined over years of trial and error. Yet, her ability to strike the perfect balance between "making incredible food" and "still doable at home" is remarkable. Recipes are detailed and well-written, and some still require quite a few steps (cooking ingredients separately, etc.), which shows clearly that April doesn't cut corners when it comes to food!Some recipes might seem overkill for a quick dinner after-work, but her goal was to show amateur cooks that you can make restaurant-quality vegetarian food at home without spending the whole week-end. And damn this book delivers here! The balance of flavours in her amazing Roasted Cauliflower and Freekeh salad with Pistachios and Pomegranate was top-notch and made us feel we're ready to open a middle-eastern street food cart right away.

Download to continue reading...

A Girl and Her Greens: Hearty Meals from the Garden Greens Glorious Greens!: More than 140 Ways to Prepare All Those Great-Tasting, Super-Healthy, Beautiful Leafy Greens Leafy Greens: An A-to-Z Guide to 30 Types of Greens Plus More than 120 Delicious Recipes Whole Grains for a New Generation: Light Dishes, Hearty Meals, Sweet Treats, and Sundry Snacks for the Everyday Cook Greens + Grains: Recipes for Deliciously Healthful Meals Nancy Lancaster: Her Life, Her World, Her Art Six Ways to Keep the "Little" in Your Girl: Guiding Your Daughter from Her Tweens to Her Teens (Secret Keeper GirlA ® Series) Just a Little Girl: How a Clinical Death Brought a Teenage Girl Face-to-Face With An Angel and Head-to-Head with Her Faith (Morgan James Faith) Recipes for Adventure: Healthy, Hearty and Homemade Backpacking Recipes Cooking from Quilt Country : Hearty Recipes from Amish and Mennonite Kitchens Rotisserie Chicken Cookbook: 101 hearty dishes with store-bought convenience Salad Samurai: 100 Cutting-Edge, Ultra-Hearty, Easy-to-Make Salads You Don't Have to Be Vegan to Love Taste of Home Slow Cooker: 431 Hot & Hearty Classics 101 One-Dish Dinners: Hearty Recipes for the Dutch Oven, Skillet & Casserole Pan Vinaigrettes and Other Dressings: 60 Sensational recipes to Liven Up Greens, Grains, Slaws, and Every Kind of Salad Greene on Greens: Artichokes, Beets, Kohlrabi, Okra, Potatoes, Tomatoes, Zucchini, and More. Simply Salads: More than 100 Delicious Creative Recipes Made from Prepackaged Greens and a Few Easy-to-Find Ingredients Cornbread, Fish and Collard Greens:: Prayers, Poems & Affirmations for People Living with HIV/AIDS Year-Round Indoor Salad Gardening: How to Grow Nutrient-Dense, Soil-Sprouted Greens in Less Than 10 days Toaster Oven: 30 Quick and Easy Homemade Recipes and Oven-Baked Meals to Cook for Two (Creative

Cooking & Healthy Meals)

<u>Dmca</u>